## **CREATING AN INSTAGRAM STORY**

Where to find Instagram Stories on Instagram

Either tap the camera icon (on your homed feed) on the top left corner or swipe right - this will open up the Instagram Story camera.



You will have a choice of different Instagram Stories:

Type - just text with a colour background

Live - Use this option to go live on Instagram

Normal - A video or photo. Hold the circles down to record video or press once for a photo

Boomerang - Takes several photos at once and plays them back

Music - Record a video with music. A range of music is available to use within Instagram

Superzoom- a range of different filters and effects

Focus- Focuses on your face and blurs out the rest of the background

Rewind - plays a video in reverse

Hands free - Tap on the circles to record a video hands free

Instagram Stories will be available for 24 hours. After that, they will no longer be available. However, one way to make them still vie See highlight section in this training for more information.